

SFL001 – FULL DAY TOUR TO THE VOLCANO

Rate per person: 01 Pax 131€ / 02 Pax 66€ / 03 to 05 Pax 55€ / From 06 Pax 49€



Visiting the National Park means enjoying Cape Verde's greatest tourist attraction and one of the most impressive landscapes in the world. Departure from São Filipe followed by a stop at Forno where we visit one of the areas where the drop-by-drop irrigation method is used (a technique adopted on the island's farms to minimize the effects of drought). The tour continues to Achada Furna where we will see the communities that inhabit the new houses built for the population of Chã das Caldeiras after the 1995 and 2014 eruptions. Several inhabitants recently returned there. Continuing the tour, we stop at Cabeça Fundão where we can see the old craters and the wonderful profusion of colours of the landscape. Finally, we arrive at the entrance to the Chã das Caldeiras National Park.

Here you can enjoy a magnificent view from the top of the highest mountain in Cape Verde and walk to the crater of 2014 (optional and by supplement), where you can see the points of high temperatures emanating from the volcanic sulphur. It is worth visiting this multi-coloured landscape. The walk takes approximately 3 hours, depending on the physical condition of the participants. The tour passes through one of two locations destroyed in the 2015 eruption. Almost 98% of homes, schools, restaurants, and hotels have been devastated, but people are returning, to rebuild everything. Lunch is served in a family restaurant, followed by a tasting of the traditional Chã das Caldeiras wine, better known as Manecom. Here we also have the opportunity to buy the coffee produced on the island, considered one of the best in the world.

Schedule: Every day from 09:00 to 16:00

Includes: Lunch with main course, dessert, coffee and wine tasting

SFL002 – HALF DAY TOUR TO THE FISHING VILLAGE “SALINAS”

Rate per person: 01 Pax 88€ / 02 Pax 44€ / 03 to 05 Pax 30€ / From 06 Pax 24€



The tour begins with a visit to the city of our national cultural heritage where you can see the old traditional houses called Sobrados. Then we visit Salinas de São Jorge and the natural lava port where we can enjoy the freshness of the clear waters on the black sand beach. Do not forget to bring your swimsuit. Then we go to Ribeira Filipe stopping at one of the highest points in the area. There you can admire an impressive view and see some small plantations of coffee, fruit and vegetable gardens that enrich the land and give colour to the landscape.

At the next stop, we will have the opportunity to admire Calabaceira, one of the oldest trees on the island, which is around 200 years old. The calabaceira fruit is used to make the typical regional juice, known as punch. Here, therefore, we will have the possibility to taste the Calabaceira punch. Then we visit the church of São Lourenço which is the oldest on the island, built in the 16th century.

Currently the monument is in charge of the Capuchin friars who have played a very important role in the education of the youth of the community. Next to the church is the cemetery of the same name. In the past, the important owners of the island were buried here.

Schedule: Every day from 09:00 to 13:00 or from 14:00 to 18:00

Includes: calabaceira punch tasting (local drink)

SFL003 – FULL DAY TOUR AROUND MOSTEIROS:

Rate per person: 01 Pax 127€ / 02 Pax 68€ / 03 to 05 Pax 53€ / From 06 Pax 42€



It is only through the entire perimeter of the island that one can have an idea of the violence of the 1951 eruption. We first went to Cova Figueira and Espigão, observation points where you can have a complete view of the volcano with its lava flow going down to the sea.

Then we go to the city of Mosteiros where we stop for a typical Cape Verdean lunch at a local restaurant. The town also has a small interesting historic center, wedged between the mountain and the sea, contrasting with the dark lava stone of the houses on the outskirts. Then we will have the opportunity to go to the viewpoint where we have a complete view of Vila dos Mosteiros. We then proceed to the entrance to the Monte Velha forest perimeter, where you can see coffee plantations.

Finally, we take a drive around Salinas on whose black sand beach we can spend pleasant moments. Do not forget to bring your swimsuit.

Schedule: All from 09:00 to 16:00

Includes: Lunch with main course, dessert, coffee

SFL004 – HALF DAY TOUR TO SOBRADOS

Rate per person: 01 Pax 108€ / 02 Pax 54€ / 03 to 05 Pax 42€ / From 06 Pax 36€



We started in the main square Presídio, before visiting the local market, coloured by the variety of fruits and vegetables. We then proceeded to the City Hall, surrounded by historic colonial houses, called Sobrados, many of which had a restoration that restored their original beauty. Then we go to the Municipal Museum to learn about the history of the island of Fogo, one of the most important in Cape Verde in the past. We then take a walk on the black sands of Fonte Bila beach. Before returning to the hotel, we still have a typical lunch.

Schedule: Every day from 10:00 to 14:00

Includes: Lunch with main course, dessert, coffee

SFL005 – CAPE VERDEAN NIGHT IN SÃO FILIPE

Rate per person: 01 Pax 77€ / 02 Pax 39€ / 03 to 05 Pax 28€ / From 06 Pax 25€



Enjoy a typical Cape Verdean evening to the sound of local music and the taste of a special dish called Djagacida.

Fantastic night of gastronomy and good Cape Verdean music.

Djagacida recipe: If you want another dish or want to relive the flavours.

Ingredients: 01 medium onion, 03 cups of rice, 01 can of beans (15 oz of lime or kidney), salt, pepper, paprika, 02 bay leaves, fried parsley, 04 tablespoons of oil.

Instructions: Cut the onions and sauté over low heat until golden brown. Add 06 cups of water to the onions and season (with taste) with salt, pepper, paprika, bay leaves and parsley. Boil and add 03 cups of rice, reduce the heat, add the beans (preferably), cover the pan, and mix for 25 minutes or until the water has been absorbed and the rice is cooked. Turn off the stove and let it rest. Serve with chicken, local sausage (sausage) or other meats to taste.

Schedule: Fridays and Saturdays from 20:00 to 23:00

Includes: Lunch with main course, dessert, water, and coffee

Trekking programs

* SFL006 / SFL007/ SFL010 / SFL011:

Departures are possible from Chã das Caldeiras (Antena) or São Filipe.

*SFL008/ SFL009:

Departures are possible from Chã das Caldeiras (Antena) or São Filipe.

For clients that departure from Cha das caldeiras this 2 tours must be on the last day, because the tour ends in Sao Filipe, and the transport of luggage from Cha das caldeiras to Sao Filipe is included in the price.

Very important:

For all walks we strongly recommend the use of appropriate shoes, hat, sunscreen, and water. Hiking equipment is available.

SFL006 – TREKKING TO CRATERA 2014 * Rate per person:

Departure from Chã das Caldeiras: 01 Pax 48€ / 02 Pax 24€ / 03 to 05 Pax 19€ / From 06 Pax 16€

Departure from São Filipe: 01 Pax 155€ / 02 Pax 78€ / 03 to 05 Pax 54€ / From 06 Pax 33€



Trekking to the crater formed by the 2014 eruption. This is the opportunity to take a walk around the most recent crater in Caldeira and see the destruction caused to the locality, while observing the contrasts of colours between vegetation and lava. You can also walk-through places where you can see hot lava and smell the sulphur. Duration: 01h30 for the climb, 01h00 for the descent. Pick Nick is **NOT INCLUDED** in the price and can be requested (7€/Pax).

SFL007 – TREKKING TO GREAT VOLCANO PEAK * Rate per person:

Departure from Chã das Caldeiras: 01 Pax 68€ / 02 Pax 35€ / 03 to 05 Pax 30€ / From 06 Pax 17€

Departure from São Filipe: 01 Pax 170€ / 02 Pax 86€ / 03 to 05 Pax 57€ / From 06 Pax 33€



Climbing to the highest peak in Cape Verde, at an altitude of 2,829 meters. Here you can admire a complete view of Chã das Caldeiras and the size of successive eruptions.

Duration: 03 to 04 hours for the climb, 01 to 02 hours for the descent.

Pick Nick is **NOT INCLUDED** in the price and can be requested (7€/Pax).

SFL008 – TREKKING FROM CHÃ DAS CALDEIRAS TO MONTE VELHA FOREST AND MOSTEIROs*

Rate per person:

Departure from Chã das Caldeiras: 01 Pax 180€ / 02 Pax 90€ / 03 to 05 Pax 48€ / From 06 Pax 36€

Departure from São Filipe: 01 Pax 238€ / 02 Pax 119€ / 03 Pax 69€ / 04 Pax 62€ / 05 Pax 58€ /

06 Pax 45€ / 07 Pax 43€ / 08 – 30 Pax ON REQUEST



Leaving Chã das Caldeiras, you can walk to the Monte Velha forest, composed of eucalyptus, cypress, and many other species of trees. Near the community of Pai António you can see the coffee and banana plantations that give an exuberant life to the landscape. At the end of the tour, transfer to Sao Filipe.

Duration: 04 to 05 hours

Pick Nick is **NOT INCLUDED** in the price and can be requested (7€/Pax).

SFL009 – TREKKING FROM CHÃ DAS CALDEIRAS TO MONTE VELHA FOREST AND RIBEIRA FILIPE*

Rate per person:

Departure from Chã das Caldeiras: 01 Pax 180€ / 02 Pax 90€ / 03 to 05 Pax 48€ / From 06 Pax 36€

Departure from São Filipe: 01 Pax 238€ / 02 Pax 119€ / 03 Pax 69€ / 04 Pax 62€ / 05 Pax 58€ /

06 Pax 45€ / 07 Pax 43€ / 08 – 30 Pax ON REQUEST



Leaving Chã das Caldeiras, this Trekking includes the western part of the forest to Ribeira Filipe, where you can have an excellent view over the north side of the island. At the end of the tour, transfer to Sao Filipe.

Duration: 05 to 07 hours.

Pick Nick is **NOT INCLUDED** in the price and can be requested (7€/Pax).

SFL010 – CLIMBING TO VIA FERRATA*

Rate per person:

Departure from Chã das Caldeiras: 01 Pax 105€ / 02 Pax 53€ / 03 to 05 Pax 29€ / From 06 Pax 24€

Departure from São Filipe: 01 Pax 190€ / 02 Pax 95€ / 03 to 05 Pax 53€ / From 06 Pax 41€



First via Ferrata track built in Cape Verde. This route is supported by a steel cable that gives access to Bordeira, offering a spectacular view over Chã das Caldeiras and Volcano Peak.

Duration: 03 hours for the climb (cross Ferrata), 40 minutes on foot, 02 hours for the descent (cross Ferrata)

Difficulty level: 04

Pick Nick is **NOT INCLUDED** in the price and can be requested (7€/Pax).

Trekking with Camping

SFL011 – Trekking and Camping “Bordeira” *

Departure from Chã das Caldeiras (Antena): Price on Request

Departure from São Filipe: Price on Request



Explore the Volcano “Bordeira”, offering a spectacular view over Chã das Caldeiras and the Volcano Peak.
This special trekking programs include an expert mountain guide, camping and meals.
Prices on request, depending on number of days and persons.

GENERAL CONDITIONS AND TERMS

Excursions: Babies (0-2 years) free / From 2 to 11 years old 50% discount.

Airplane rides: Unless otherwise stated, babies (0-2) pay taxes only.

Children from 2 to 11 years pay 75% of the price.

Cancellations are not refundable unless the customer finds a replacement.

Credit card local payments are subject to a 2.6% administrative fee.

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DON'T BUY ILEGAL EXCURSIONS!

Do not take unnecessary safety risks. Make sure that the tours you paid for are going to take place and avoid risks that are not covered by your travel insurance. Purchase tours and services from an officially accredited agent of the Directorate General of Tourism.

BARRACUDA TOURS AUTORIZAÇÃO Nº 005/DREC-MTIE/AWU

Pursuant to Decree-Law No. 4194 of February 7 and Regulatory Decree No. 3194 of December 7, 1994, the operation of the Travel and Tourism Agency BARRACUDA TOURS is in Santa Maria – Sal Island.